
LEANING TOWER OF FEETZA

A creative way to use a bunch of shoes that really gets the brain ticking

AT A GLANCE

Small groups compete to build the tallest, free-standing structure they can, using only their shoes.

WHAT YOU NEED

A group wearing any type of footwear
10 – 15 mins



WHAT TO DO

The simplest activities are often the best.

Separate your gathering into small groups of any number – say 10 to 20 people – and ask them to sit together. Now, explain that their goal as a small group is to build the tallest free-standing structure they can, using only the riches of their shoes. Give them no longer than five minutes. Go!

Some groups will stretch the true meaning of what ‘free-standing’ means, but by my definition, it means that nothing – no seat, no hands, no walls, etc – can be used to keep the growing tower upright.

When time’s up, ask for everyone to step away from their structures, and perform some form of measuring ritual to determine which tower is the tallest.

Variations

- Using feet only (shoes included), each small group will work together to form an unbroken chain of feet (touching each other, often end to end) from the floor to a point as high off the floor as possible. A safety note – it won’t be long before someone realises that to get the ‘tower’ really high, you have to start lifting people off the ground, so that they can elevate their feet to the top of the growing tower. When this occurs, instruct the group to physically support these elevated people.
- As above, each person can only use one of their feet / shoes to form a part of the tower (requires a much larger group).